

The Hickory Elks Lodge 1654

# Backpack Program 2019



We must ask...  
What are you doing about childhood hunger in Catawba County?

**Did you know that over 10,000 children in Catawba County are food insecure?**

Our mission is to provide week end nourishment to students in Catawba County during the 2019-2020 school year who face hunger on the weekends. The program provides breakfasts, lunches, dinners, and snacks each weekend of the school year. We rely on our local school systems, other local non-profits, volunteers and donors like you. It is truly a community-led initiative to serve children who face hunger.

**\$130 Sponsors a Child for an Entire School Year.**

The Backpack Program relies on our local school systems, other local non-profits, volunteers and donors like you. It is truly a community-led initiative to serve children who face hunger.

**During September and October, please drop off your food or monetary donations at the Hickory Elks Lodge.**



**Also join us on Saturday, Nov. 2, 2019 at 6:00 p.m. for a delicious BBQ Chicken Dinner Fundraiser at the Hickory Elks Lodge. \$10 a plate & take out is available.**

*Enjoy music by Mama's Remedy Band & get in on the Silent Auction & Door Prizes!*

## Backpack Program Shopping List

Please consider donating to the Backpack Program! Pick up a few of the items below on your next shopping trip, then drop them off at the Hickory Elks Lodge during September and October. Ring the bell on the side entrance and place your donations in the box located just inside door. We are located at 356 Main Avenue NW on the corner of 4th Street and Main Avenue.

**Food items that are GREAT for the Backpack Program:**

- Macaroni and Cheese or Easy Mac
- Pudding Cups (unrefrigerated)
- Microwave Meals (unrefrigerated)
- Pop top can meals (Chef Boyardee)
- Fruit Cups (unrefrigerated)
- Peanut Butter (plastic container)
- Small cereal boxes (single serve, not regular sizes)
- Oatmeal or Grits (in packets)
- Apple Sauce (plastic container)
- Granola/Fruit Bars
- Easy to open cans of soup or fruit
- Tuna or canned chicken
- Gummy Snacks (individually wrapped)
- Jelly (plastic container)

**Food items that a NOT great for the Backpacks:**

- Candy
- Cookies
- Soda
- Food items in glass containers

The Backpack Program provides children who would otherwise go hungry with nutritional meals over the weekend. The food you donate will be packed into a backpack and given to children at school each Friday during the 2019-2020 school year.

Also consider donating \$130 to sponsor one child who will benefit from the Backpack Program for a year. These funds will be used to purchase food for those students in need.



Donations can be made payable to The Hickory Elks Lodge and mailed to 356 Main Avenue NW, Hickory, NC 28601. For other information, contact Valerie Arbogast via email at [v.arbogast@yahoo.com](mailto:v.arbogast@yahoo.com) or by phone at 828-322-2527.



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The Backpack Program is coordinated by The Corner Table Soup Kitchen